

Stanley H. King Counseling Recommended Reading

A COLLECTION OF TITLES RELATED TO THIS WORK:

Many of these titles have been suggested by past Institute participants. Please let us know if there are resources that you have found useful in your life and work, and we will add to the list.

Apter, Terri E. MYTH OF MATURITY: WHAT TEENAGERS NEED FROM PARENTS TO BECOME ADULTS. 2002

Brown, Lyn Mikel. GIRLFIGHTING: BETRAYAL AND REJECTION AMONG GIRLS. 2005

Cloke, Kenneth. MEDIATING DANGEROUSLY. 2001

Clydesdale, Tim. THE FIRST YEAR OUT: UNDERSTANDING AMERICAN TEENS AFTER HIGH SCHOOL. 2007

Crawford, Susan H. BEYOND DOLLS & GUNS: 101 WAYS TO HELP CHILDREN AVOID GENDER BIAS. 1995

Deak, JoAnn and Barker, Teresa. GIRLS WILL BE GIRLS: RAISING CONFIDENT AND COURAGEOUS DAUGHTERS. 2003

Deak, JoAnn. HOW GIRLS THRIVE: AN ESSENTIAL GUIDE FOR EDUCATORS (AND PARENTS). 2010

Dovidio, John F. and Gaertner, S. PREJUDICE, DISCRIMINATION, AND RACISM. 1986

Dweck, Carol. MINDSET: THE NEW PSYCHOLOGY OF SUCCESS. 2007

Elkind, David. ALL GROWN UP AND NO PLACE TO GO: TEENAGERS IN CRISIS. 1998

Elkind, David. HURRIED CHILD: GROWING UP TOO FAST TOO SOON. 2006

Germer, Christopher K. THE MINDFUL PATH TO SELF-COMPASSION: FREEING YOURSELF FROM DESTRUCTIVE THOUGHTS AND EMOTIONS. 2009

Gilligan, Carol. IN A DIFFERENT VOICE: PSYCHOLOGICAL THEORY AND WOMEN'S DEVELOPMENT. 1993

Gilligan, Carol, Nona P. Lyons, Trudy J. Hanmer (ed). MAKING CONNECTIONS: THE RELATIONAL WORLDS OF ADOLESCENT GIRLS AT EMMA WILLARD SCHOOL. 2006

Goleman, Daniel. EMOTIONAL INTELLIGENCE. 2006

Hersch, Patricia. A TRIBE APART: A JOURNEY INTO THE HEART OF AMERICAN ADOLESCENCE. 1999

Hubbard, Ruth Shagoury, et al, eds. WE WANT TO BE KNOWN: LEARNING FROM ADOLESCENT GIRLS. 1998

Kalter, Neil. GROWING UP WITH DIVORCE: HELPING YOUR CHILD AVOID IMMEDIATE AND LATER EMOTIONAL PROBLEMS. 2005

Kastner, Laura S. and J. F. Wyatt. THE SEVEN-YEAR STRETCH: HOW FAMILIES WORK TOGETHER TO GROW THROUGH ADOLESCENCE. 1997

Kastner, Laura and J. Wyatt. LAUNCHING YEARS: STRATEGIES FOR PARENTING FROM SENIOR YEAR TO COLLEGE LIFE. 2002

Kilbourne, Jean. STILL KILLING US SOFTLY (video). Media images that denigrate women. Useful in helping young women think about taking care of themselves and their bodies for healthy reasons.

Kindlon, Daniel, M. Thompson, and T. Barker. RAISING CAIN: PROTECTING THE EMOTIONAL LIFE OF BOYS. 2000

Kindlon, Dan J. TOO MUCH OF A GOOD THING: RAISING CHILDREN OF CHARACTER IN AN INDULGENT AGE. 2003

Koplewicz, Harold S., M.D. IT'S NOBODY'S FAULT: NEW HOPE AND HELP FOR DIFFICULT CHILDREN. 1997

Lawrence-Lightfoot, Sara. THE ESSENTIAL CONVERSATION: WHAT PARENTS AND TEACHERS CAN LEARN FROM EACH OTHER. 2004

Levenkron, Steven. ANATOMY OF ANOREXIA. 2000

Levenkron, Steven. CUTTING: UNDERSTANDING & OVERCOMING SELF-MUTILATION. 1998

Levin, Diane E. and Jean Kilbourne. SO SEXY SO SOON: THE NEW SEXUALIZED CHILDHOOD. 2009

Levine, Madeline. THE PRICE OF PRIVILEGE. 2006

Levine, Mel. A MIND AT A TIME: AMERICA'S TOP LEARNING EXPERT SHOWS HOW EVERY CHILD CAN SUCCEED. 2003

Mackoff, Dr. Barbara. GROWING A GIRL: SEVEN STRATEGIES FOR RAISING A STRONG, SPIRITED DAUGHTER. 1996

Marone, Nicky. HOW TO FATHER A SUCCESSFUL DAUGHTER. 1998

Mogel, Wendy. THE BLESSING OF A B MINUS: USING JEWISH TEACHINGS TO RAISE RESILIENT TEENAGERS. 2010

Mogel, Wendy. THE BLESSING OF A SKINNED KNEE: USING JEWISH TEACHINGS TO RAISE SELF-RELIANT CHILDREN. 2001

Munter, Preston K. (ed.). COUNSELING STUDENTS: LESSONS FROM NORTHFIELD, ECHOES FROM FOUNTAIN VALLEY. 1988

Orenstein, Peggy. SCHOOL GIRLS, YOUNG WOMEN, SELF-ESTEEM AND THE CONFIDENCE GAP. 1995

Osherson, Sam. FINDING OUR FATHERS. 2002

Perlstein, L. MOT MUCH, JUST CHILLIN': THE HIDDEN LIVES OF MIDDLE SCHOOLERS. 2003

Pipher, Mary. REVIVING OPHELIA: SAVING THE SELVES OF ADOLESCENT GIRLS. 2005

- Pollack, William. REAL BOYS: RESCUING OUR SONS FROM THE MYTHS OF BOYHOOD. 1999
- Powers, William. HAMLET'S BLACKBERRY: A PRACTICAL PHILOSOPHY FOR BUILDING A GOOD LIFE IN THE DIGITAL AGE. 2010
- Ricci, Isolina. MOM'S HOUSE, DAD'S HOUSE: A COMPLETE GUIDE FOR PARENTS WHO ARE SEPARATED, DIVORCED, OR REMARRIED. 1997
- Riera, Michael. RIGHT FROM WRONG: INSTILLING A SENSE OF INTEGRITY IN YOUR CHILD. 2002
- Riera, Michael. STAYING CONNECTED TO YOUR TEENAGERS: HOW TO KEEP THEM TALKING TO YOU AND HOW TO HEAR WHAT THEY'RE SAYING. 2003
- Robinson, Ken. OUT OF OUR MINDS: LEARNING TO BE CREATIVE. 2011
- Roffman, Deborah. SEX AND SENSIBILITY: THE THINKING PARENT'S GUIDE TO TALKING SENSE ABOUT SEX. 2001
- Sadker, David & Myra. FAILING AT FAIRNESS: HOW AMERICA'S SCHOOLS CHEAT GIRLS. 1995
- Schwebel, Robert. SAYING NO IS NOT ENOUGH: HELPING YOUR KIDS MAKE WISE DECISIONS ALCOHOL, TOBACCO, AND OTHER DRUGS. 1999
- Selekman, Matthew D. WORKING WITH SELF-HARMING ADOLESCENTS. 2006
- Shandler, Sara. OPHELIA SPEAKS: ADOLESCENT GIRLS WRITE ABOUT THEIR SEARCH FOR SELF. 1999
- Siegel, Michele. and J. Brisman. SURVIVING AN EATING DISORDER: NEW PERSPECTIVES AND STRATEGIES FOR FAMILIES AND FRIENDS. 3rd ed., 2009
- Simmons, Rachel. ODD GIRL OUT: THE HIDDEN CULTURE OF AGGRESSION IN GIRLS. 2003
- Strauch, Barbara, THE PRIMAL TEEN: WHAT THE NEW DISCOVERIES ABOUT THE TEENAGE BRAIN TELL US ABOUT OUR KIDS. 2004
- Teyber, Edward. HELPING CHILDREN WITH DIVORCE. 2001
- Thompson, Michael, Ph.D., L. Cohen, and C.O. Grace. BEST FRIENDS, WORST ENEMIES: UNDERSTANDING THE SOCIAL LIFE OF CHILDREN. 2002
- Turkle, Sherry. ALONE TOGETHER: WHY WE EXPECT MORE FROM TECHNOLOGY AND LESS FROM EACH OTHER. 2011
- Wallin, David J. ATTACHMENT IN PSYCHOTHERAPY. 2007
- Wiseman, Rosalind, QUEEN BEES & WANNABES: HELPING YOUR DAUGHTER SURVIVE CLIQUES, GOSSIP, BOYFRIENDS & OTHER REALITIES OF ADOLESCENCE. 2009
- Wolf, Anthony E. GET OUT OF MY LIFE BUT FIRST COULD YOU DRIVE ME & CHERYL TO THE MALL: A PARENT'S GUIDE TO THE NEW TEENAGER. 2002
- Wood, Chip. YARDSTICKS: CHILDREN IN THE CLASSROOM, AGES 4-14 – A RESOURCE FOR PARENTS AND TEACHERS. 2007

RESOURCES FOR COUNSELING GAY STUDENTS OR KIDS FROM GAY FAMILIES

CALL GLSEN - Gay, Lesbian, and Straight Educators Network - (212-727-0135) to receive a copy of "The Book Store" Catalogue. Also visit www.glsen.org for extensive resources (articles, information on local chapters, networking, events, starting gay/straight alliances, etc.).

Clark, Don H., *LOVING SOMEONE GAY*. 2009

Clausen, Jan and M.B. Duberman, Eds. *BEYOND GAY OR STRAIGHT: UNDERSTANDING SEXUAL ORIENTATION*. 1996

D'Augelli; Anthony R. and Charlotte J. Patterson. Eds. *LESBIAN, GAY AND BISEXUAL IDENTITIES AND YOUTH: PSYCHOLOGICAL PERSPECTIVES*. 2001

Fairchild, Betty and N. Hayward. *NOW THAT YOU KNOW: A PARENT'S GUIDE TO UNDERSTANDING THEIR GAY AND LESBIAN CHILDREN*. 1998

Garner, Abigail. *FAMILIES LIKE MINE: CHILDREN OF GAY PARENTS TELL IT LIKE IT IS*. 2005

Harris, Mary B., ed. *SCHOOL EXPERIENCES OF GAY AND LESBIAN YOUTH: THE INVISIBLE MINORITY*. 1998

Lipkin, Arthur, *BEYOND DIVERSITY DAY: A Q AND A ON GAY AND LESBIAN ISSUES IN SCHOOLS*. 2003

Lipkin, Aurthur. *UNDERSTANDING HOMOSEXUALITY; CHANGING SCHOOLS*. 2001

Woog, Dan. *SCHOOL'S OUT: THE IMPACT OF GAY AND LESBIAN ISSUES ON AMERICA'S SCHOOLS*. 2000

RACIAL/CROSS-CULTURAL/ETHNIC EDUCATION

Ahktar, S. *IMMIGRATION AND IDENTITY: TURMOIL, TREATMENT, AND TRANSFORMATION*. 1999

Anson, Robert Sam. *BEST INTENTIONS: THE EDUCATION AND KILLING OF EDMUND PERRY*. 1988

Banks, James A. & C. A. Banks (ed.). *MULTICULTURAL EDUCATION: ISSUES AND PERSPECTIVES*. 2009

Banks, James A. *TEACHING STRATEGIES FOR ETHNIC STUDIES*, 8th ed. 2008

Cary, Lorene. *BLACK ICE*. 1992

Charles, C., Fischer, M., Mooney, M., & Massey, D. *TAMING THE RIVER: NEGOTIATING THE ACADEMIC, FINANCIAL, AND SOCIAL CURRENTS IN SELECTIVE COLLEGES AND UNIVERSITIES*. 2009

THE COLOR OF FEAR – film directed by Lee Mun Wah; conversations between men of various races about their experiences of racism and the transformative power of understanding someone else's reality.

Delpit, Lisa D. and H. Kohl. *OTHER PEOPLE'S CHILDREN: CULTURAL CONFLICT IN THE CLASSROOM*. 2006

- Delpit, Lisa, J.K. Dowdy, ed. THE SKIN THAT WE SPEAK: THOUGHTS ON LANGUAGE AND CULTURE IN THE CLASSROOM. 2008
- Freire, Paulo, D. Macedo (translator). TEACHERS AS CULTURAL WORKERS: LETTERS TO THOSE WHO DARE TEACH. 2005
- Gay, Geneva and J.A. Banks. CULTURALLY RESPONSIVE TEACHING: THEORY, RESEARCH, AND PRACTICE. 2010
- hooks, bell. TEACHING TO TRANSGRESS: EDUCATION AS THE PRACTICE OF FREEDOM. 1994
- Howard, Gary, J. Banks, S. Nieto. WE CAN'T TEACH WHAT WE DON'T KNOW: WHITE TEACHERS, MULTIRACIAL SCHOOLS. 2006
- Kincheloe, Joe L. (Ed.) WHITE REIGN: DEPLOYING WHITENESS IN AMERICA. 2000
- Kozol, Jonathan. SAVAGE INEQUALITIES: CHILDREN IN AMERICA'S SCHOOLS. 1992
- Ladson-Billings, Gloria. DREAMKEEPERS: SUCCESSFUL TEACHERS OF AFRICAN-AMERICAN CHILDREN. 2009
- Landman, Julie. A WHITE TEACHER TALKS ABOUT RACE. 2009
- Lee, Andre Robert. THE PREP SCHOOL NEGRO. Documentary film of Lee's experience of being a student in an independent school. Offers an accompanying program for faculty and students. www.theprepschoolnegro.org
- Osherson, Sam. REKINDLING THE FLAME: HOW JEWS ARE RETURNING TO JUDAISM. 2001
- Suskind, Ron. A HOPE IN THE UNSEEN: AN AMERICAN ODYSSEY FROM THE INNER CITY TO THE IVY LEAGUE. 1999
- Tatum, Beverly Daniel. WHY ARE ALL THE BLACK KIDS SITTING TOGETHER IN THE CAFETERIA? AND OTHER CONVERSATIONS ABOUT RACE, 5th edition. 2003

LEARNING ISSUES

- Barkley, Russell A. TAKING CHARGE OF ADHD: THE COMPLETE, AUTHORITATIVE GUIDE FOR PARENTS. 2000
- Bruns, Jerome. THEY CAN BUT THEY DON'T: HELPING STUDENTS OVERCOME WORK INHIBITION. 1993
- FRUSTRATION, ANXIETY, TENSION, F.A.T. CITY (Workshop video) Designed and presented by Richard D. Lavoie. Produced for Eagle Hill School Outreach, CT- PBS Video, 1989
- Hallowell, Edward M., M.D. and John J. Ratey, M.D. DRIVEN TO DISTRACTION: RECOGNIZING AND COPING WITH ATTENTION DEFICIT DISORDER FROM CHILDHOOD THROUGH ADULTHOOD. 1995
- Rief, Sandra F. HOW TO REACH AND TEACH ADD/ADHD CHILDREN: PRACTICAL TECHNIQUES, STRATEGIES, AND INTERVENTIONS FOR HELPING CHILDREN WITH ATTENTION PROBLEMS AND HYPERACTIVITY. 2005

LISTENING SKILLS

Barasch, Marc Ian. FIELDNOTES ON A COMPASSIONATE LIFE: A SEARCH FOR THE SOUL OF KINDNESS. 2005

Burley-Allen, Madelyn. LISTENING -- THE FORGOTTEN SKILL: A SELF-TEACHING GUIDE. 1995

Leo, Pam. CONNECTION PARENTING: PARENTING THROUGH CONNECTION INSTEAD OF COERCION, THROUGH LOVE INSTEAD OF FEAR. 2007

Nichols, Michael. THE LOST ART OF LISTENING. 2009

SUICIDE PREVENTION AND RESPONSE

<http://www.sprc.org/library/AfteraSuicideToolkitforSchools.pdf>